

CURRICULUM VITAE



PERSONAL INFORMATION

Name Ioannis KARAMOUZIS
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Nationality Greek
Date of birth 22/11/1976

EDUCATION AND TRAINING

- Date 15 October 2018 - nowadays
- Name and type of education or training institution Endocrinology Division at the " Interbalkan Medical Center"
- Qualification achieved Responsible Consultant
- Date 01 April 2015 - September 2018
- Name and type of education or training institution S.C.D.U. Endocrinology at the "Maggiore della Carità" University Hospital of Novara ", University of Eastern Piedmont" A. Avogadro ", Novara.
- Qualification achieved Consultant
- Date 15 April 2014 - 31 March 2015
- Name and type of education or training institution S.C.D.U. Endocrinology, Diabetology and Metabolism, Hospital A.O. Città della Salute e della Scienza di Torino, University of Turin
- Qualification achieved Scholarship specialist
- Date 01 June 2012 - 29 November 2013
- Name and type of education or training institution University of Turin – Via Verdi, 8 - Torino
- Name and type of education or training institution 2nd level University Masters in "Diagnostic and interventional ultrasound of the neck"
- Title Morphological and vascular echographic study of the thyroid glandular of patients with Basedow's disease before and after radiometabolic treatment with 131I.
- Date 11 November 2011
- Name and type of education or training institution University of Theshaloniky - GREECE (recognition of the title of specialist doctor in Endocrinology and Diseases of Replacement at the Italian Ministry of Health on 18/01/2012, DGPROF 0002366-P-20/01/2012)
- Qualification achieved Specialization in Endocrinology and Diseases of Replacement
- Date 07 March 2002 - 22 July 2007

- Name and type of education or training institution University of Thessaloniky - GREECE
 - Qualification achieved PhD in Health Sciences
 - Titolo Progetto Role of vasoactive derivatives of arachidonic acid in lipid peroxidation in uremic patients.
- Date 17 July 2000
- Name and type of education or training institution University of Thessaloniky- GREECY (recognition of the title of doctor at the Italian Ministry of Health on 09/07/2009-DGRUPS 0040410-P-14/07/2009)
 - Qualification achieved Graduation in medicine
 - Vote achieved 7.1/10

PROFESSIONAL EXPERIENCE

- Date 01 March 2013 – 31 December 2013
 - Membership structure name Department of Clinical and Experimental Sciences of the University of Brescia, Chair of Endocrinology
 - Qualification Research grant "Evaluation of TBS (trabecular bone score), bone mineral density, vertebral morphometry and calcium-phosphorous metabolism in patients affected by Cushing Syndrome at the diagnosis, one year after remission or recurrence of the disease"
- Date 01 October 2013 – 31 December 2013
- Name and type of education or training institution Endocrinology outpatient clinics, Spedali Civili , Brescia
 - Qualification Outpatient activity as Endocrinologist Specialist
- Date 01 March 2011 – 28 February 2013
- Name and type of education or training institution Department of Internal Medicina, S.C.D.U. Endocrinology, Diabetology and Metabolism A.O. Città della Salute e della Scienza di Torino
 - Qualification Research grant "Acute effects of an agonist of mineralocorticoid receptors, Fludrocortisone, on the activity of the hypothalamic-pituitary-adrenal axis in humans, in basal conditions and during acute administration of a direct stimulus on corticotrophic cells. Evaluation of possible clinical implications".
- Date 30 January 2012 – 31 March 2013
- Name and type of education or training institution ASL TO1, ASL TO2, ASL TO3
 - Qualification Outpatient activity as Diabetologist Specialist
- Date 08 May 2014 – 31 March 2015
- Name and type of education or training institution ASL TO3
 - Qualification Outpatient activity as Diabetologist Specialist
- Date From 2012

- scientific society Italian Society of Endocrinology
- Qualification member
- Date From 2009
- scientific society European Society of Endocrinology
- Qualification member
- Date Dal 2006
- scientific society Greek Society of Endocrinology
- Qualification member

TEACHING ACTIVITY

- Date January 2014- April 2014
- course Diabetes and Pharmacy inter-university project, University of Turin
- Qualification Tutor
- Date March 2012 – June 2012
- Course Motor Sciences (SUISM), University of Turin
- Qualification Tutor
- Date January 2017
- Qualification Member of Editorial Board of “Journal of Endocrinological Investigation”

PERSONAL SKILLS AND COMPETENCES

NATIVE LANGUAGE GREEK
OTHER LANGUAGE ITALIAN, ENGLISH, FRENCH

SCIENTIFIC PUBLICATIONS AND DISTINCTIONS

>40 original works in international journals and reviews, of which 15 in first name and 1 co-author on book.

Over 100 abstract communications at national and international conferences.

RICONOSCIMENTI OTTENUTI

Date 07-09 February 2013

VII Italian Dating Edition Hypothalamus Pituitary, Pisa, Italy

Best poster award "Cushing-score: un nuovo strumento diagnostico per la diagnosi precoce della Sindrome di Cushing". R. Berardelli, I. **Karamouzis**, I. Floriani, V. D'Angelo, C. Zichi, B. Fussotto, A. Picu, S. Grottoli, R. Giordano, M. Spinello, E. Ghigo, E. Arvat.

Date 05-08 June 2013

36° Congress Italian Society of Endocrinology (SIE), Padua, Italy

Best poster award "Valutazione dello stress ossidativo in pazienti affetti da Sindrome di Cushing alla diagnosi". **I. Karamouzis**, R. Berardelli, B. Fussotto, V. D'Angelo, C. Zichi, Giordano, E. Ghigo, E. Arvat.

Date 26-29 March 2009

III Greek Congress of Medical Biochemistry, Athens-Greece

Best oral communication "Alterations of the levels of 15-F2t-Isoprostane and Trombxane B2 in pubertal and prepubertal girls with partial or complete metabolic syndrome". **I. Karamouzis**, C. Kanaka, P. Pervanidou, M.A. Magiakou, I. Papatotiriou, G.Chrousos .

Date 14-17 April 2005

I Greek Congress of Medical Biochemistry, Athens-Greece

Best oral communication "Alterations of the levels of 8-Isoprostane-PGF2a in interstitial fluid in hemodialysis patients ". **I. Karamouzis**, **D. Grekas**, M. Karamouzis, A. Triantos, SV. Vasileva-Staikova, D. Kovachev, A. Dimitriadou.

SCIENTIFIC ACTIVITY

Having joined a research group interested in neuroendocrinological and adrenal studies, he has mainly been actively involved in experimental clinical research studies, from planning and execution of work to data collection, statistical processing and drafting of the text. In the neuroendocrinological field, he carried out research on the hypothalamic-pituitary-adrenal axis in physiological and pathological conditions through the use of SSRIs and agonists-antagonists of mineralocorticoid receptors and research on the hypothalamus-hypophysis-gonadal axis using GnRH antagonists . He also carried out research in order to verify oxidative stress in various pathological models, including adolescent obesity, Cushing's syndrome and acromegalic disease. In the field of adrenal pathology, he performs clinical research on metabolic and osee complications in patients with Cushing Syndrome, Addison's disease and patients with adrenal adenomas. Finally, he performed clinical research aimed at verifying cardiovascular complications in patients suffering from Cushing's Syndrome, Acromegaly and Addison's Disease.

CLINICAL ACTIVITY - ASSISTANCE

From September 2000 until December 2000 he performed internship in Internal Medicine, Cardiology and General Surgery at the General Hospital of Polygyros, Greece. From January 2001 until January 2002 he held the National Health Service at c / o General Medicine Clinic, Ormilias, Chalkidiki, Greece.

From June 2004 until February 2006 he has effected his residency in Internal Medicine (in the field of specialty of Endocrinology and Diseases of Replacement), in the Department of Internal Medicine, Hospital Theageneio, Thessaloniki-Greece. From May 2006 until May 2008 continued Residency in Endocrinology and Metabolism.

From September 2008 until February 2013 he carried out clinical-assistance activities, first as an observer for 6 months and then as a resident and assignee, in the department, in the Day-Hospital and in the various Specialist Outpatients clinics of the University Division of Endocrinology -S.C.D.U. of Endocrinology, Diabetology and Metabolism, A.O. City of Health and Science of Turin.

From January 2012 until March 2013 he has performed clinical-care as a substitute Physician Diabetologist at the outpatient clinic in Diabetology of ASL TO1, TO3 and TO4.

He attended from March 2013 to December 2013 at the Department of Endocrinology of the Civil Wards of Brescia as an assignee and from October 2013 until December 2013 as a specialist Endocrinologist at the clinic of Endocrinology, Spedali Civili of Brescia.

From April 2014 until March 2015 he has worked as a clinical physician assignee at the division of Endocrinology, Diabetology and Metabolism, A.O. City of Health and Science of Turin, directed by Prof. Ghigo as a doctor. In the field of care, he dealt in particular with the diagnosis and treatment of neuroendocrinological pathologies, involving the hypothalamic-pituitary-adrenal axis, such as Acromegaly, Cushing's Syndrome, Addison's disease, adrenal adenomas and Autoimmune Polyendocrine Syndromes, as well as the complications of bone, cardiovascular and endocrine-metabolic related to them.

From May 2014 until March 2015 he has developed clinical-assistance activity as a Diabetologist Physician at ASL TO3 Diabetology clinic.

From June 2014 until March 2015 he attended at the the Division of Diabetology, Metabolic Diseases and Endocrinology at the "Maggiore della Carità" University Hospital of Novara, Italy as a grant doctor. In the field of care, he dealt in particular with the diagnosis and treatment of diabetes mellitus, endocrinological diseases and neuroendocrinological diseases.

From April 2015 until September 2018 he worked at the Division of Complex Structure of Diabetology, Metabolic Diseases and Endocrinology at the "Maggiore della Carità" University Hospital of Novara as Consultant.

From October 2018 until today he works as at the Division of Endocrinology at the " Interbalkan Medical Center" of Thessaloniki as Responsible Consultant.